



**Ballykisteenn**  
Beauty & Treatment Rooms



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 Ballykisteenn Beauty & Treatment Rooms



# Ballykisteenn

## Beauty & Treatment Rooms



Great National  
Ballykisteenn Golf Hotel

# Dermalogica

When Dermalogica meets skin, skin health is redefined. Dermalogica skin treatments are 100% customised to your skin's individual needs.



**dermalogica**

## *Face mapping skin analysis:*

Our five minute complimentary skin analysis service will help identify your skin type and condition, and allow our experts to prescribe you a personalised skincare regime.

### **Proskin 30: €45**

**€45 - 30 min**

Targeting your key skin concerns for maximum impact in minimum time. Using professional grade products this treatment is ideal for a quick skincare pick me up to give your complexion a boost of radiance.

### **Proskin 60: €70**

**€45 - 30 min**

Our ultimate 60 minute treatment is designed to target all of your skincare needs. It incorporates ultrasonic exfoliation using the very latest technology to improve texture and tone. Professional grade IonActives leave your skin radiant and glowing.

### **Pro Power Peel 30**

**€70 - 30 min / Course of 3 €180**

Our all-new Pro Power Peel redefines the peel experience. Dermalogica's strongest and fastest peel yet, the Pro Power Peel collection features a full suite of peel products, including Alpha Hydroxy Acids (AHAs) and Beta Hydroxy Acids (BHAs). In this express 30 minute treatment your skin therapist will create a customised peel to instantly rejuvenate and refresh your skin. This treatment is ideal to target lines and wrinkles, uneven pigmentation or breakouts.

### **Pro Power Peel 60**

**€120 - 60 min / Course of 3 €320**

This effective and customised 60 minute treatment combines the benefits of the Pro Power Peel 30 treatment with additional advanced techniques and technologies. Peel results are dramatically enhanced by a supplementary deep treatment process incorporating powerful IonActive serums, relaxing facial massage and customised masque. Includes a take home post peel kit.

# Holistic Treatments

Our Holistic Treatments rejuvenate and restore balance. Enjoy soothing massages, revitalizing therapies, and unique services like Hopi Ear Candling, all designed to help you unwind and renew your body and mind.



## Back Massage €45 / 30 min

Concentrating on the back, neck and shoulder area to promote deep relaxation and ease stress.

## Tension Back Massage €50 / 30 min

This deep tissue massage is the perfect way to ease nodules and muscle ache.

## Full Body Swedish Massage €75 / 60 min

An invigorating massage, perfect to remedy specific problem areas and ease aching muscles.

## Back Massage with Hot Stones €50 / 30 min

This relaxing and warming back massage is specifically designed to release tension, nodules and stress.

## Full Body Massage with Hot Stones €85 / 60 min

Using hot basalt stones to warm the muscles during massage for a feeling of relaxation and well being.

## Indian Head Massage €45 - 30 min

This stress relieving massage has been practiced in India for over a thousand years. Perfect for easing fatigue, migraines, tension and stress.

## Foot & Leg Massage €45 - 30 min

A relaxing massage using medium pressure to help ease fatigued muscles.

## Hopi Ear Candling €40 - 30 min

Thermo Auricular Therapy used to treat the symptoms of sinusitis, migraines and hay fever amongst others.

## Pamper Packages

### Radiance package €110

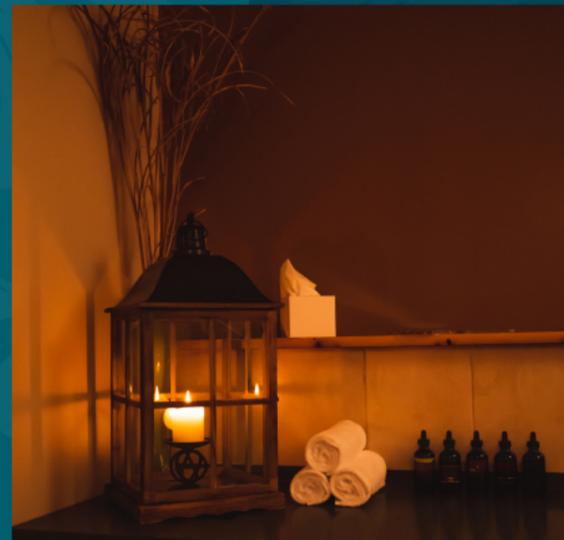
Himalayan Pink Salt full body exfoliation followed by a full body massage using Tahitian monoi oil

### Ultimate indulgence package €170

Himalayan pink salt body exfoliation, Tahitian monoi oil massage followed by a Pro-skin 60 Dermalogica facial

# Beauty Treatments

Beauty treatments that include Hand & Foot Care, Spray Tans, Makeup, Waxing, and Eye services. Leave feeling polished and radiant.



## Hand & Foot Care

File & Polish	€15
Finger tip treatment	€20
Luxury Manicure	€45
Luxury Pedicure	€55
Shellac Nails (includes free removal)	€30

## Spray Tan

Full body spray tan	€25
Half body spray tan	€15

## Make Up

Make-up	€35
Make-up with lashes	€45

## Waxing

Lip wax	€10
Chin wax	€10
Lip & chin	€15
Standard Bikini	€20
Brazilian Bikini	€35
Hollywood Bikini	€45
Half leg wax	€20
Half leg & Bikini wax	€35
Full leg wax	€30
Full leg & Bikini wax	€45
Arm wax	€20
Underarm Wax	€15
Back wax	€35

## Eyes

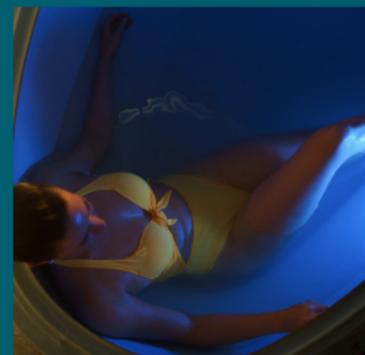
HD Brows	€30
Eye brow shape	€10
Eye brow shape & tint	€15
Eyelash tint	€15
Eye brow shape, tint & lash tint	€25
Threading per area	€15
LVL lashes	€60



# *Isopod* *Floatation*

**i-sopod**  
float tanks

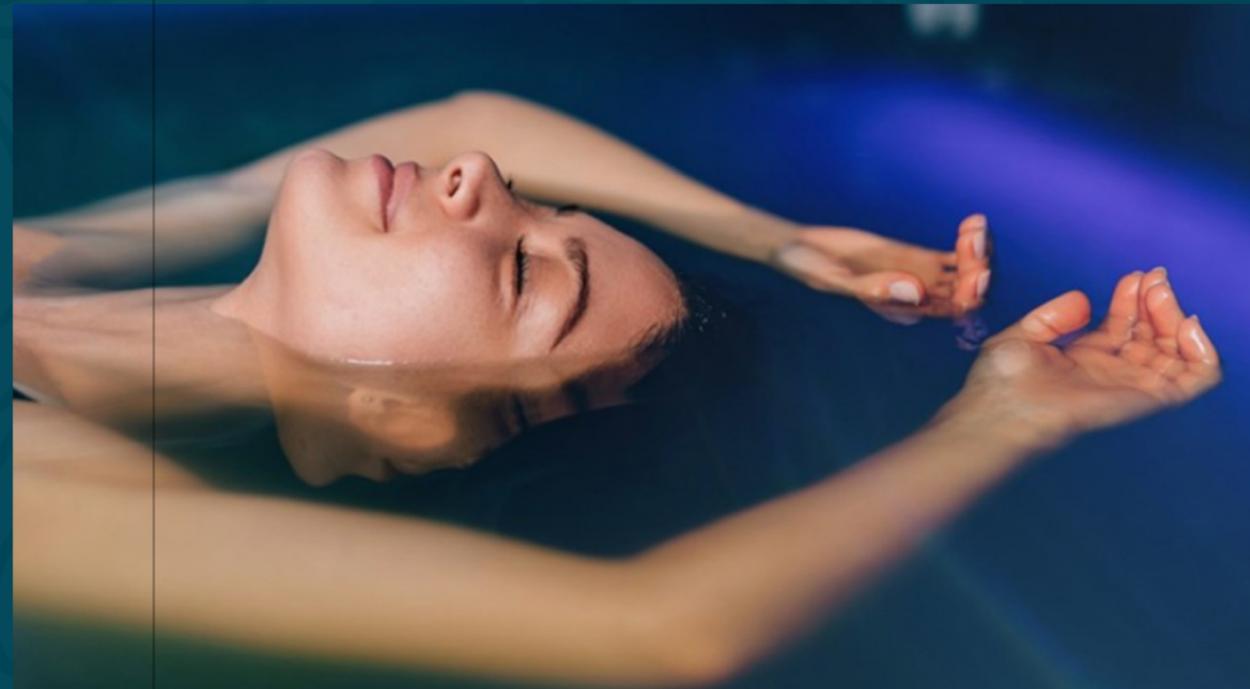
*Escape hectic daily life and let your tensions dissolve into weightless relaxation. The calm comfort of floatation soothes away stress and anxiety. A space to truly rest the body and still the mind.*



Freed from all sensation of gravity, temperature, touch, sight and sound (which together account for 90% of normal neuromuscular activity), you conserve and redirect vast amounts of natural physical and mental energy.

Floating takes the pressure of gravity off joints and muscles and your body is put into a high state of physical relaxation. Blood pressure and oxygen intake reduce but at the same time blood flow and the distribution of red blood cells increases.

This speeds recovery from injury and helps flush any lactate, cortisone and adrenaline that may have built up through training or performance.



## *Isopod* *Floatation*

One hour float session ————— €55

One hour float session x 3 ————— €150

# Basq NYC Pregnancy Treatments



*Basq skincare is a leader in pregnancy safe products. Whether you are treating fatigue, looking to energise, fix hormonal skin or to simply relax, we have a treatment to suit your needs.*



## **Basq in the moment pregnancy massage** 75 mins €90

A customised full body massage using safe pre-natal techniques. To help relax, reduce fatigue, release tension, aches, pains and swelling, all associated with pregnancy

## **Basq baby bump treatment** 45 mins €55

This treatment is designed to reinforce the skin with deep hydration and a mega dose of nourishment that targets scars and marks also helping with the tone and elasticity of the bump. To begin the skin is exfoliated with Basq lavender perfect scrub. Next the tummy is treated to a layering of our resilient body stretch mark oil and intensive treatment stretch mark butter which work to replenish deep down while soothing itchy skin. While these absorb, the lower legs are treated to a massage to assist with circulation and reduce any swelling and heaviness in the legs.

## **Basq remedy for tired legs** 30 mins €45

An exfoliation and lower foot and leg massage to improve circulation and reduce any swelling or heaviness associated with pregnancy. While the legs are wrapped you are treated to a relaxing scalp massage.

## **Basq skin boosting body exfoliation** 75 mins €90

Relax and breathe deep. Inhale the calming benefits of lavender in this completely balancing and rejuvenation experience. Using Basq perfecting lavender sugar scrub to reveal smooth youthful skin. An instant x for dry, itchy and stretched skin. Following this is a pampering application of Basq mega moisture butter to nourish the skin with powerful omega oils.

## **Basq head to toe experience** 90 mins €110

A complete head to toe experience. To begin, melt the stresses away with a relaxing head, neck and shoulder massage. Following this is a treat for the bump, where gentle exfoliation increases circulation and improve skin tone. Next our Basq resilient body oil and Basq intensive treatment stretch mark butter are applied to treat the skin to prevent stretch marks. While the cream absorbs and takes affect you are treated to a lower leg exfoliation and foot massage.

# Beauty & Treatment Room Information

**Please arrive 10 minutes before your appointment time.**



We recommend that no jewellery be worn when attending for treatments · **Massage or stimulating treatments are not recommended during the first 3 months of pregnancy.**



If you suffer from any medical conditions we advise that you **consult your doctor** before booking treatments.



You will be asked to complete a confidential questionnaire before your treatment commences. **If you have any concerns whatsoever please let us know.**



We require all client to have a **patch test** prior to waxing, tinting, LVL lashes or skin peels.



We require a minimum of 24 hours notice for all cancellations. **Failure to cancel within the required time will result in a 50% cancellation fee.**

## Gift Cards

Give the gift of relaxation with our spa gift cards, perfect for any occasion.

Treat your loved ones to a moment of pampering and wellness.



## Opening hours

- The treatment rooms are open **Tuesday to Saturday inclusive.**
- **Mondays and late evening available by prior appointment.**